

ENG

**Artistic Residency Leman Sevda Darıcioğlu/ Turkey
13.11.18 — 24.11.18**

**Workshop Free Attendance with Leman Sevda
Darıcioğlu, Espaço da Penha Saturday and Sunday
17.11.18 / 18. 11.18
14h30— 19h30**

Enrolments: forumdanca@forumdanca.pt

**Talk with Leman Sevda Darıcioğlu, Espaço da Penha
Friday 23.11.18— 18:30**

Núcleo emerges from the flexible artistic net of which Forum Dança is a part, in this particular case with the Artist/ Curator program by Ezequiel Santos. This program is raised under the unique vision of invited artists who propose a series of artistic residencies for other artists, giving shape to their own curatorship project for Núcleo.

Sezen Tonguz has curated this program since May, directing us to common topics in her chosen artists, mainly related with the body and power: Marko Milić (Sérbia) (May 21st – June 3rd, 2018), Frida Sandström (Sweden) August 1st – 15th, 2018 and now with the final artistic residency of Leman Sevda Darıcioğlu (Turkey), November 13th -24th, 2018.

Leman Sevda Darıcioğlu Biography:

b. izmir, 1985.

I'm a performance artist based in istanbul. i mainly produce in the field of performance art but also i (rarely) produce work in other media like installation and video. i see the process of making art as a performative research on the self and i use the work as a tool to transform my limits and my subjectivity. i view the body as a resource to be unravelled; as a laboratory of emotions, fears and limits; and as an intensity space of encounters. I believe in the power of the present and the touch. if and when i need to define myself as an artist, i choose to use the 'queer artist' title. my take of 'queer' does not only refer to an area beyond heterosexuality and binary sex, but also to a space beyond normativity itself. I have been in the advisory team of a series of queer theory writings called "queer düş'ün" (queer fantasy/thought) – ongoing since 2012 – and have been the translator of some of the books in the selection, published by self publishing house. i also edited and compiled a queer theory book called "queer temaşa" (queer contemplation/spectacle), also published as part of the series, again through self publishing house (2016). I was a member of istanbul queer art collective between 2014-2017. I pursued a queer collaborative performance project called "fuckmekitty" between 2016-2017. Since 2017, i continue my performance work as an artist of the international performance art platform performistanbul.

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We are going to practice endurance exercises enhanced by fasting and silence during the two days of the workshop. It is aimed that the participants research their own facts and depths in a silent process during this encounter period. These two days are an invitation to a slow and gentle exploration of the limits of body which will be gradually deepened by exercises for space and self awareness. In this period of time we will contact with ourselves and explore the limits of the *self*, digesting the body, trying to clean itself. We will be invited to open the body (and) mind by turning off the body routines, purposing other ways of doing or not doing; straining, trying to stand as a neutral, non-judgmental and/or as an acute observer in the face of the streaming emotions during the cleaning process.

Requirements and recommendations:

It is requested for each participant to attend the two days of the workshop in order to establish a group dynamics.

It is recommended before the beginning of the workshop:

Eat vegan food;

Slow down everyday life and raise awareness of what has been done during the day;

Do not use Social media, media, internet, television, mobile phone etc;

Do not drink coffee, black tea, alcohol;

Do not do drugs or smoke cigarettes.

During the workshop participants should only drink water (without sugar) and herbal tea without eating anything.

Participants using medicines that require food to be eaten should take their medication by eating a banana, raw almonds. It is very important to give enough water to the body during fasting.

During the workshop, there will be displaced for the participants walnuts, raw hazelnuts, almonds, fresh fruit and water and herbal teas.

Participants are asked to come to the workshop with a notebook and pen and wear comfortable clothing.

Mobile phones and watches will be collected before starting the workshop.

Participants who use a medication with time during the day may be given medication if they bring their medication.

After the first day of the workshop, it is recommended to rest and to go to bed at an early hour, without watching the television or using a social media, telephone, internet, books, newspapers and so on.

Participants are encouraged to start with a short sport and stretching exercises on the morning of the second day.

Important: It is recommended that participants *who are doing water fasting* do stretch exercises instead of doing sports.

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FORUM DANÇA

Na Rede/ On Line:

<http://lemandaricioglu.com> <https://www.facebook.com/istanbulqueerartcollective/>

<http://lemandaricioglu.com/wp-content/uploads/2018/06/freeflowingvisuals-Leman-Sevda-Daricioğlu.pdf>

O Forum Dança

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